



Kills head lice and eggs  
in **10 minutes!**

If you do discover head lice on your child's scalp, don't panic!

**NYDA<sup>®</sup> express kills lice and eggs in 10 minutes** in one treatment. NYDA<sup>®</sup> express is a **scientifically proven** formulation that does not contain any neurotoxic pesticides.

It contains two types of dimethicone (silicone oil) which seep into the breathing holes of lice and eggs and block oxygen supply.

This physical mode of action means that even head lice and eggs which have built up a resistance to chemical treatments are still susceptible and eliminated. It also means NYDA<sup>®</sup> express is **suitable for the whole family** including infants and pregnant women.

Reference:  
<http://conditions.health.qld.gov.au/HealthCondition/condition/14/165/351/head-lice>



## How to avoid those nasty nits

There are some steps you can take to help reduce your child's risk of headlice

- ✓ **Tie back or plait long hair** especially for school
- ✓ **Do not share** brushes, combs, hats or pillows (although spreading head lice is uncommon via these it is possible)
- ✓ **Keep hair short** during outbreaks if possible as it is easier to detect and treat in short hair
- ✓ **Notify your school** so that other families can be alert and vigilant in checking their children

Apply to dry hair.  
**Spray** carefully over all of the hair beginning near the scalp.



**Wash out** with your normal shampoo.

## How to use NYDA<sup>®</sup> express in 4 Easy Steps

**IMPORTANT: Use on dry hair**  
It's important to check the whole family when an outbreak occurs.



**Massage** in well and let it work for 10 minutes.



**Comb** hair carefully afterwards using the lice comb provided to remove the suffocated lice and eggs.

ALWAYS READ THE INSTRUCTIONS FOR USE

## Head Lice & Nits The Facts

It's almost impossible to think about these little guys without scratching our heads but it's handy to know more about them if they are an unwelcome guest in your home.

- ✓ Head lice are wingless insects roughly **2 - 3.5 mm** long
- ✓ Head lice **don't fly or jump**, they crawl and swing from hair to hair with their strong claws
- ✓ Head lice are mainly spread through **head to head contact** as they can only survive for a day without a host
- ✓ Head lice do not live or breed on animals, bedding, furniture, carpets, clothes or soft toys
- ✓ Live eggs are often called nits and they take **7-10 days to hatch**
- ✓ Young lice (nymphs) take **6-10 days to become an adult** and can then lay eggs
- ✓ The majority of people with head lice don't actually develop an itch so **regular checks** of your child's scalp is recommended



\* We recommend checking hair again 8-10 days after treatment. If the treatment solution does not completely cover all hair, some eggs may not be killed and may hatch up to 7-8 days later. If any live head lice are detected, repeat treatment and check hair again in a further 8-10 days.